

ग्रीनथेरेपी GREEN THERAPY

जैवविविधता और पारंपरिक वनस्पति विज्ञान प्रथाओं पर एक संगोष्ठी

तिथि:

26 अगस्त, 2017

स्थान:

नोआमुंडी रिक्रिएशन क्लब



GREEN THERAPY

ABOUT GREEN THERAPY :

Green therapy, also known as nature therapy or ecotherapy, is about the psychological benefits of being in nature and natural surroundings. It is a combination of the ideas of ecopsychology and psychotherapy. Ecopsychology focuses on the relationship between humans and nature whereas psychotherapy focuses on helping individuals understand and create meaning from the emotional and psychological difficulties they are experiencing. Green therapy can take place in both rural and urban settings, such as parks, farms, gardens, and woodlands. The main focus of green therapy activities is working in nature and experiencing nature. The therapy aims at promoting good mental health through contact with nature.

Noamundi gifted with the countless bounties of nature, is also a place where the traditional medicinal practices have thrived for centuries. The use of plants for medicinal use is very common in this part of the world. For the last two years now, the Ore Mines & Quarries (OMQ) Division of Tata Steel has been organising Green Therapy – a seminar on biodiversity and ethnobotanical traditions. This year it was organised on August 26, 2017.

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OBJECTIVE:

Green Therapy focuses on biodiversity and ethnobotanical traditions and is a platform to create opportunities of learning through knowledge sharing sessions, efficient utilization and nurturing of plants with medicinal value and promote tribal culture.

HIGHLIGHTS:

The emphasis this year was to understand the marketing dynamics of the products made from medicinal plants, prepared with scientific aid.

KEY ACTIVITIES:

- Exhibition cum sale of Korku products made from non timber forest produce from Melghat region of Maharashtra.
- An exhibition cum sale of medicinal plants grown in the Noamundi.
- Presentation of Barangchitti language leaning certificates to local youths.
- Tribal song and dance presented by local tribal youth.
- More than 250 participants gathered from in and around Noamundi.

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KEY GUESTS

INAUGURATION CEREMONY

Chief Guests

- Ms Laxmi Soren, Member, Zila Parishad, West Singhbhum
- Mr Anand Bihari, Forest Ranger Officer, Noamundi
- Mr Samresh Bhandari, BDO, Noamundi
- Mr Sanjay Das, General Secretary, Noamundi Mazdoor Union
- Mr Pankaj Satija, General Manager, OMQ, Tata Steel

Expert Session Speakers

- Dr Vonod K, Arogya Bhawan, Jamshedpur
- Mr Harmohan Maharatha, Odisha Forest Service, State Medicinal Plant Board, Odisha
- Mr Gajanand Kale, Founder and Director of Dream, an NGO from Maharashtra
- Ms Mamata Biswal, Floral & Biodiversity Conservation NGO member, Sushrusha, Bhubaneswar, Odisha
- Dr Arun Kumar Dash, Former Head of Department, Odisha University of Agriculture and Technology, Bhubaneswar
- Dr Sunil Kumar Behra, Ayurvedic medicine specialist.

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GUEST SPEAKS

“Living close to nature not only helps us to stay healthy but also heals us in its own ways. I applaud the efforts taken by Tata Steel to preserve and promote biodiversity in the region.”

- **Ms Laxmi Soren**
Member, Zila Parishad, West Singhbhum



“The Hibiscus Park at Noamundi is an outcome of last year’s Green Therapy brainstorming and I am confident that the second edition will be even more fruitful.”

- **Mr Pankaj Satija**
General Manager, Ore Mines & Qurries (OMQ) Division, Tata Steel

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TECHNICAL SESSION

Mr Gajanand Kale, Founder and Director of Dream, an NGO from Maharashtra explained about the marketing techniques to promote tribal medicines.

The technical session included Dr. Vinodk K, Arogya Bhavan, Jamshedpur, Mr Harmohan Maharatha, Odisha Forest Service, State Medicinal Plant Board, Odisha, Mrs Mamta Biswal, Floral and Biodiversity Conservation NGO member, Sushrusha, Bhubaneswar, Odisha, Dr Arun Kumar Dash, Former Head of the Department, Odisha University of Agriculture and Technology, Bhubaneswar Dr Sunil Kumar Behra, Ayurvedic medicine specialist.



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GLIMPSES OF THE EVENT AT NOAMUNDI



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MEDICINAL PLANT EXHIBITION



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TOKEN OF GRATITUDE

